



**Bury and Whitefield**  
JEWISH PRIMARY SCHOOL

## **PSHE and RSE**

### **Curriculum Overview**

#### **Our Curriculum Celebrates**

Resilience

Creativity

Critical Thinking

Curiosity

Challenge

Culture

Cycle A			
Autumn			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
All About Me New Beginnings Staying Safe – dark nights	1 Decision: Keeping Healthy Staying Safe Relationships	1 Decision: Staying Safe Keeping Healthy Relationships	1 Decision: Staying Safe Being Responsible Keeping Healthy
Picture News			
Streetwise Workshops: Anti-bullying			
Spring			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
Colours People Who Help Us – Police and Dentist E-safety	1 Decision: Computer Safety Being Responsible	1 Decision: Computer Safety Being Responsible	1 Decision: Computer safety Feelings and Emotions
Picture News			
Streetwise Workshops: E-safety			
Summer			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
Where We Live E-safety Transition	1 Decision: Our World Hazard Watch	1 Decision: Feelings and Emotions Our World	1 Decision: A World Without Judgment Feelings and Emotions Growing and Changing
Picture News			
Streetwise Workshops: Body Image, RSE (KS2), Transition (year 6)			

Cycle B			
Autumn			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
New Beginnings Families Keeping Safe – Bonfire safety	1 Decision: Staying Safe Keeping Healthy	1 Decision: Keeping Healthy Growing and Changing	1 Decision: A World Without Judgement Being Responsible
Picture News			
Streetwise Workshops: Anti-bullying			
Spring			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
Keeping Healthy People Who Help Us – Firefighters and Doctors E-Safety	1 Decision: Computer Safety Our World	1 Decision: Computer Safety Being Responsible	1 Decision: Computer Safety The Working World
Picture News			
Streetwise Workshops: E-safety			
Summer			
EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
Our World Transition	1 Decision: Feelings and Emotions Hazard Watch	1 Decision: The Working World A World Without Judgement	1 Decision: Feelings and Emotions Staying Safe Growing and Changing
Picture News			
Streetwise Workshops: Body Image, RSE (KS2), Transition (year 6)			

## Cycle A - EYFS

Cycle A - EYFS		
Autumn	Spring	Summer
<b>Topic: New Beginnings</b> Children learn about their new class/year group. Time is given to build relationships with new classmates and the adults in the classroom. Children are introduced to new routines and expectations and supported to settle in.	<b>Topic: Colours</b> We read the story 'Mixed' by Arree Chung. We link this to discussions about diversity and accepting others. We read the story 'Colour Monster' by Anna Llenas. We talk about different emotions that we feel and reasons why we might experience them. We discuss strategies for dealing with emotions that don't make us feel very nice.	<b>Topic: Where We Live</b> Children learn about the different communities they belong to, such as school, town, shul etc. Children also learn their address.
Autumn	Spring	Summer
<b>Topic: All About Me</b> Children learn about what makes them unique. We discuss and compare likes and dislikes, our favourite things, what we look like. Children are taught that there are similarities and differences between themselves and others.	<b>Topic: People Who Help Us</b> Children learn about how people in the community help to keep us safe and healthy, with a particular focus on the role of dentists and police officers. We also look at oral hygiene and teach children how to look after their teeth.	<b>Topic: Transition</b> Children are introduced to the upcoming change of moving year groups/classes. Children spend time familiarising themselves with their new classrooms and teachers. Time is given to discuss any worries about new classes. Children also reflect on the progress they have made and celebrate their success.
Autumn	Spring	Summer
<b>Topic: Staying Safe – dark nights</b> Children are taught how to stay safe as the nights get darker. We talk about the importance of listening to parents/carers when near roads and look at how they can make themselves seen in the dark.	<b>Topic: E-Safety</b> Children learn about the importance of stranger danger and start to recognise how to identify age-restricted apps. All learning relates back to the theme of a 'Trusted Adult' with pupils gaining the knowledge and understanding of how to seek support if something online frightens, upsets, or worries them.	<b>Topic:</b>

## Cycle A - Year 1 and 2

Autumn	Spring	Summer
<b>Topic: Keeping Healthy</b> Washing Hands looks at why we should wash our hands and the potential consequences of not washing our hands.	<b>Topic: Computer Safety</b> Online Bullying looks at being kind and thoughtful online and in real life and allows students to explore what they can do if they feel bullied online. Children watch The Computer Safety Documentary which recaps all of the learning points from the topics and allows them to identify more ways to keep themselves safe online.	<b>Topic: Our World</b> Growing in Our World explores the human cycle and how our families are special and unique.
<b>Topic: Staying Safe</b> Road Safety looks at how we can stay safe when crossing the road and travelling in a vehicle.	<b>Topic: Being Responsible</b> Water Spillage looks at the different ways we can cause accidents and how we can prevent accidents from happening. Practice Makes Perfect looks at setting goals and developing skills and strategies to achieve those goals. Helping Someone in Need looks at how we can help others at home and in the community and the risks of helping someone we don't know very well.	<b>Topic: Hazard Watch</b> Is it safe to eat or drink? This topic allows children to identify what items may be safe or unsafe to eat or drink
<b>Topic: Relationships</b> Friendship looks at how we behave within our friendships and how these behaviours can affect others. Bullying looks at how our actions and words can affect others, and it enables students to explore kind and positive behaviours. Body Language looks at recognising how other people may be feeling and allows students to explore different ways we can express our emotions	<b>Topic:</b>	<b>Topic:</b>

## Cycle A - Year 3 and 4

Cycle A - Year 3 and 4		
Autumn	Spring	Summer
<b>Topic: Staying Safe</b>	<b>Topic: Computer Safety</b>	<b>Topic: Feelings and Emotions</b>
Staying Safe looks at the dangers of venturing off with people we don't know very well. Leaning Out of Windows looks at the dangers of heights and various dangers we may find in our homes and communities.	Making Friends Online looks at the steps we should take to keep ourselves safe and the dangers of meeting someone from the internet in real life.	Grief looks at the different feelings we can experience when we lose someone or something we loved dearly and enables students to identify ways they can cope when grieving.
<b>Topic: Keeping Healthy</b>	<b>Topic: Being Responsible</b>	<b>Topic: Our World</b>
Healthy Living looks at how certain types of food can affect our performance in a sports event.	Coming Home on Time looks at rules and guidelines children may have to follow.	Looking After Our World looks at the ways in which we can help look after and protect our planet
<b>Topic: Relationships</b>	<b>Topic:</b>	<b>Topic:</b>
Touch looks at appropriate and inappropriate touch and enables students to explore who they can talk to if they feel uncomfortable in a relationship.		

## Cycle A - Year 5 and 6

Autumn	Spring	Summer
<b>Topic: Staying Safe</b>	<b>Topic: Computer Safety</b>	<b>Topic: A World Without Judgment</b>
Peer pressure looks at how we can be influenced and pressured to make unsafe choices. Water Safety explores the topic of trespassing and the dangers of swimming in open or unknown waters.	Making Friends Online looks at the dangers of meeting people we have only spoken to online.	British Values looks at how we can be inclusive and ensure everyone's beliefs and needs are respected
<b>Topic: Being Responsible</b>	<b>Topic: Feelings and Emotions</b>	<b>Topic: Feelings and Emotions (Year Six)</b>
Stealing explores the topic of taking something from a family member without asking.	Anger looks at the ways in which we can manage our emotions when we are unable to do something we wanted to.	Worry looks at transition and the feelings a child can have when starting a new school
<b>Topic: Keeping Healthy</b>	<b>Topic:</b>	<b>Topic: Growing and Changing</b>
Smoking and alcohol looks at the risks involved with smoking and drinking. The impact on health is also discussed.		Year Five: Puberty looks at the different changes boys and girls go through during puberty. Year Six: Conception looks at how a baby is conceived and the various stages of pregnancy

## Cycle B - EYFS

Autumn	Spring	Summer
<b>Topic: New Beginnings</b> Children learn about their new class/year group. Time is given to build relationships with new classmates and the adults in the classroom. Children are introduced to new routines and expectations and supported to settle in.	<b>Topic: Keeping Healthy</b> Children are taught about the importance of keeping their bodies and minds healthy. We discuss exercise, balanced diets and sleep.	<b>Topic: E-Safety</b> Children learn about the importance of stranger danger and start to recognise how to identify age-restricted apps. All learning relates back to the theme of a 'Trusted Adult' with pupils gaining the knowledge and understanding of how to seek support if something online frightens, upsets, or worries them.
Autumn	Spring	Summer
<b>Topic: Families</b> Children talk about their own families, saying who lives with them and which other people are special to them. We talk about how all families can be different and discuss some of the families in the 'Big Book of Families'.	<b>Topic: People Who Help Us</b> Children learn about how people in the community help to keep us safe and healthy, with a particular focus on the role of doctors and firefighters.	<b>Topic: Transition</b> Children are introduced to the upcoming change of moving year groups/classes. Children spend time familiarising themselves with their new classrooms and teachers. Time is given to discuss any worries about new classes. Children also reflect on the progress they have made and celebrate their success.
Autumn	Spring	Summer
<b>Topic: Staying Safe – bonfire safety</b> Children are taught how to stay safe around bonfires, this is taught in the run up to bonfire night events.	<b>Topic:</b>	<b>Topic: Our World</b> Children learn about some of the ways they can look after the world they live in.



## Cycle B - Year 1 and 2

Autumn	Spring	Summer
<b>Topic: Staying Safe</b> Tying Shoelaces looks at how we can prevent accidents that are often caused when rushing around.	<b>Topic: Computer Safety</b> Image Sharing looks at the types of images we shouldn't share online and how quickly an image can be shared. Children watch The Computer Safety Documentary which recaps all of the learning points from the topics and allows them to identify more ways to keep themselves safe online.	<b>Topic: Feelings and Emotions</b> Jealousy looks at recognising strengths of our own and of those around us and how to deal with feelings of jealousy. Worry allows students to identify what they can do and who they can talk to if they feel worried about something. Anger looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger.
<b>Topic: Keeping Healthy</b> Healthy Eating looks at how we can make healthy food choices and what might happen if we choose to eat too much unhealthy food. Brushing Teeth looks at why we should brush our teeth and the potential consequences of not brushing our teeth often enough.	<b>Topic: Our World</b> Living in Our World explores how humans can help take care of living things both inside and outside of the home. Working in Our World looks at why humans need money and the ways in which money can be used and received.	<b>Topic: Hazard Watch</b> Is it safe to play with? This topic allows students to identify what items may be safe or unsafe to play with

## Cycle B - Year 3 and 4

Autumn	Spring	Summer
<b>Topic: Keeping Healthy</b>	<b>Topic: Computer Safety</b>	<b>Topic: The Working World</b>
Medicine looks at why we take medicine and the dangers of taking medicine without a trusted adult's permission.	Online Bullying looks at the actions we can take if we feel like we are being bullied online.	Chores at Home explores the responsibilities that children may have now and in the future.
<b>Topic: Growing and Changing</b>	<b>Topic: Being Responsible</b>	<b>Topic: A World Without Judgement</b>
Appropriate Touch explores the difficult subject of how relationships can be unhealthy or uncomfortable	Stealing looks at the differences between stealing and borrowing and enables students to identify emotions associated with losing a special possession.	Breaking down Barriers explores removing barriers and supporting those who have physical disabilities.

## Cycle B - Year 5 and 6

Autumn	Spring	Summer
Topic: A World Without Judgement	Topic: Computer Safety	Topic: Staying Safe
Inclusion and Acceptance explores the topic of a child having same sex parents.	Image Sharing looks at how we can be pressured in to sending images and how to manage this.	Cycle Safety looks at distractions on the road and how our actions can cause others harm. Children take part in a practical Bike ability course.
Topic: Being Responsible	Topic: The Working World	Topic: Feelings and Emotions (Year Six)
Looking Out for Others looks at the responsibility we have if we witness someone being bullied.	Enterprise looks at how children can help pay for items they would like. In-App Purchases provides a subtle introduction to debt and looks at paying for items through apps or games	Worry looks at transition and the feelings a child can have when starting a new school
Topic:	Topic:	Topic: Growing and Changing
		Year Five: Puberty looks at the different changes boys and girls go through during puberty. Year Six: Conception looks at how a baby is conceived and the various stages of pregnancy